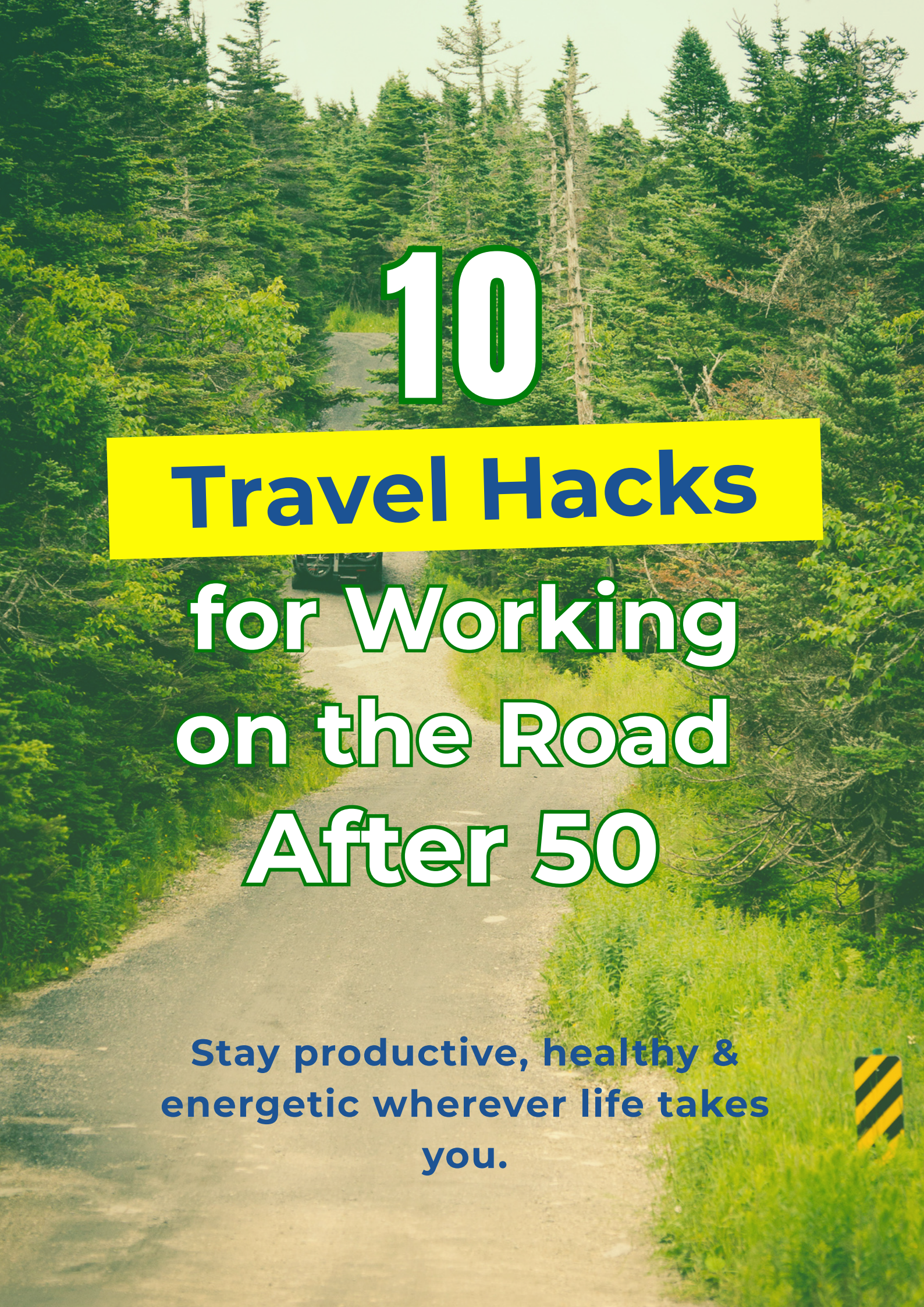




10

Travel Hacks

**for Working
on the Road
After 50**

**Stay productive, healthy &
energetic wherever life takes
you.**



Travel Hacks



Pack a Portable Office

Bring a lightweight laptop/tablet, chargers, earbuds, and a hotspot.

✨*Pro tip:* Add a small extension cord—hotel outlets are never in the right place!

Use Cloud Storage

Keep your files in Google Drive, Dropbox, or OneDrive so nothing gets left behind.



Plan Your Time Blocks

Do work in the mornings, save afternoons for exploring and relaxing.

Turn Downtime into Uptime

Flights and train rides are perfect for emails, journaling, or brainstorming.



Keep Snacks Handy

Nuts, protein bars, fruit > overpriced airport food every time.

My favorite travel snacks are..

Travel Hacks



Prioritize Movement

Walk terminals, stretch at rest stops, or stream a quick YouTube workout.



Protect Your Sleep

Eye mask, earplugs, pillow spray, or even your own pillowcase.

Stay Hydrated

Travel dehydrates! Always carry a refillable water bottle.



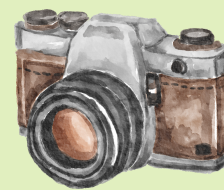
Mind Your Boundaries

Don't overbook. Leave space for joy, rest, and spontaneous adventures.



Capture Inspiration

Use a journal or voice memo app to record ideas sparked by your travels.



One idea I had while traveling was..

Your *Platinum Prime* years are meant for adventure, joy, and wisdom.

Wherever you go, bring your spirit of adventure with you—and don't forget to share your favorite travel hack with us!

Platinum Prime for Life



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